# Unveiling the Truth: Calling Out the Bullsh*t on Multiple Sclerosis

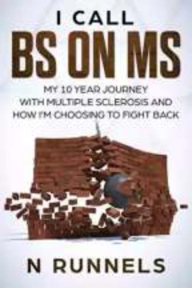
Multiple Sclerosis (MS) is a complex and often misunderstood neurological disorder that affects millions of people worldwide. With its wide range of symptoms and unpredictable nature, living with MS can be challenging for patients and their loved ones. However, it is important to debunk common misconceptions and call out the bullsh*t on MS.

## The Origins of Misconceptions

Like any other medical condition, misinformation and misconceptions surrounding MS have been propagated over time. These false beliefs can lead to stereotyping, stigmatization, and hinder the understanding of the disease. It's time to set the record straight and separate fact from fiction.

## "MS is contagious and can be transmitted through physical contact!"

This claim is pure nonsense, and it's time to call BS on it! Multiple Sclerosis is not contagious and cannot be spread through physical contact. It is an autoimmune disease, where the body's immune system mistakenly attacks the protective covering of nerve fibers. Understanding this fact is crucial in eradicating the stigma associated with MS.



**I CALL BS ON MS: My 10 year journey with Multiple Sclerosis and how I'm choosing to fight back**

by N Runnels(Kindle Edition)

★★★★★ 5 out of 5

Language : English
File size : 2852 KB
Text-to-Speech : Enabled

Screen Reader : Supported
Enhanced typesetting : Enabled
Word Wise : Enabled
Print length : 20 pages
Lending : Enabled

The false belief that MS is contagious often stems from the misconception that all neurological conditions are infectious. By dispelling this myth, we can foster a more inclusive and supportive environment for those affected by MS.

### "MS only affects older individuals!"

This statement couldn't be further from the truth. Another blatant BS claim! While MS is more commonly diagnosed in young adults, it can affect individuals at any age. In fact, the average age of MS onset is between 20 and 50 years old. However, there are rare cases where children and older adults develop MS.

By spreading awareness that it is not an exclusively "older person's disease," we can encourage earlier diagnosis and prompt treatment for individuals of all ages. Age should never be a barrier to receiving medical attention and support.

### "MS is a death sentence!"

One of the biggest misconceptions about MS is that it is a death sentence. This claim is not only false but also damaging. MS itself is not considered a fatal disease. People living with MS can have a normal lifespan, especially with advancements in medical research and accessible treatments.

However, it is important to acknowledge that individuals with MS may face various challenges and comorbidities, which can impact their overall health. By understanding the complexities of MS and providing support systems, we can ensure that people living with the condition can have fulfilling and meaningful lives.

### "MS automatically leads to disability!"

While it is true that MS can cause varying degrees of disability, it is crucial to combat the misconception that everyone with MS will become disabled. The progression of MS is highly unpredictable, and some individuals may experience milder symptoms or periods of remission.

With advancements in treatment options and a focus on managing symptoms, many people with MS can lead active and independent lives for extended periods. It is essential to support patients by providing access to necessary resources and fostering a positive mindset.

### "Alternative treatments can cure MS!"

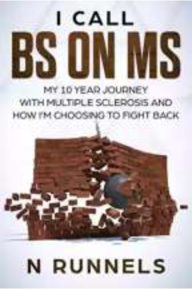
Beware of misleading claims! Many alternative treatments are marketed as miracle cures for MS, but they often lack scientific evidence and can be potentially harmful. While some complementary therapies may help manage symptoms, they should never replace conventional medical treatments.

A well-rounded treatment plan for MS usually includes disease-modifying medications, rehabilitation therapies, symptom management strategies, and emotional support. Patients should discuss their options with healthcare professionals who specialize in MS to make informed decisions regarding their care.

## Empower the MS Community

The MS community deserves accurate information and support to break free from the burden of misconceptions. By calling out the bullsh*t on MS, we can create a space that fosters empathy, understanding, and empowerment.

Let's debunk the myths, educate the masses, and join forces in promoting a more inclusive and informed society. Together, we can make a real difference in the lives of those living with Multiple Sclerosis.



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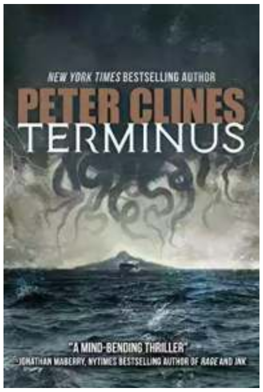
So many of us are diagnosed with this lifelong debilitating disease that is far from easy to hear and 10X harder to live with.
Its definitely life changing and it certainly can have its time when it decides that it just may want to cripple your mind and body.
Thoughts of "Why me?, "What is going to happen to me?", "I just want to be normal again", I don't want to take this medicine for the rest of my life,

"Will people treat me different?" are just a few things that can run through your mind.

This is the short story version of my journey and where I am now 10 years later



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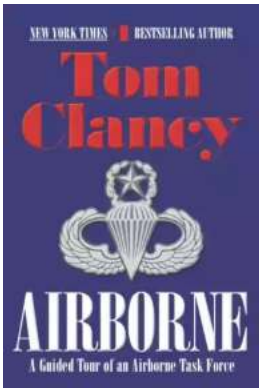

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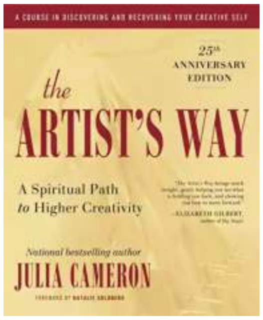

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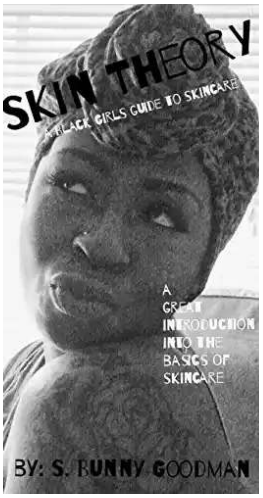

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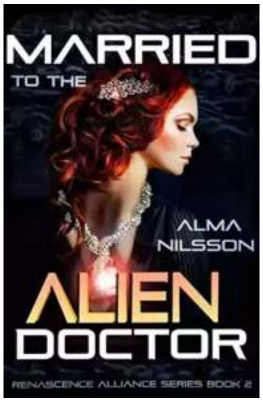

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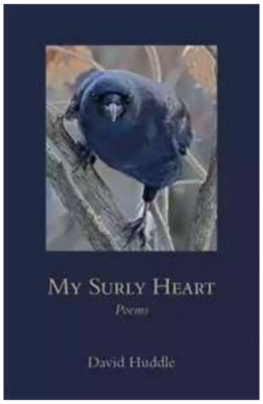

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